

Healthy Peanut Butter Mug Cake

Ingredients

- 2 Tbsp Brown Rice Flour
- 1/2 tsp Baking Powder
- 1 Egg
- 1 1/2 Tbsp Melted Coconut Oil
- 2 Tbsp Almond Milk
- 1 tsp Vanilla
- 2 Tbsp Honey or Maple Syrup (melted)
- 2 Tbsp Peanut Butter
- Dark Chocolate Chips (as many as you want)

Instructions

1. Combine the flour and baking powder in a bowl and whisk together.
2. Add in all the other ingredients (except the chocolate chips) and whisk until well combined.
3. Pour the mixture into a large mug (or 2 small mugs) and top with chocolate chips.
4. Place the mug in the microwave on full power for 2-3min and allow it to cool slightly.
5. Enjoy.

